

**A15: Certificate of achievement**

This is to certify that

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completed a course of

Metacognitive Therapy for OCD.

Congratulations for working hard to understand your thoughts, your thoughts about these thoughts, and taking real steps to change them. We know that you have the skills to continue to tackle your fears step-by-step so you can enjoy life more.

Signed

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Therapists

Dated \_\_\_\_ / \_\_\_\_ / \_\_\_\_

